

CONFIRMATION FAITH-SHARING PROJECT #1: Walking By Faith

Candidate's Name:

Sponsor's Name"

Date:

**LET'S GET TOGETHER;**

**Getting Acquainted:**

Spend a few minutes getting acquainted:

- \* Who are the members of your family? (names, ages)
- \* Which child are you in your family: first, second, oldest, youngest, etc.?
- \* What do you like and dislike about your position in your family?
  
- \* What is your favorite form of leisure?
- \* What do you enjoy about it?
  
- \* What kind of music do you enjoy most?
- \* What musician/musical group?
- \* A favorite song?
- \* Describe a good movie you've seen recently.
  
- \* What do you like most about your life right now?
- \* What do you like least?
- \* Share with each other a dream or hope for yourself for the future.

**Opening Prayer:**

For all those who have fallen  
let them stand with your feet.  
For all those who have been blinded,  
show them the light through your eyes.  
Give them the strength to walk through darkness  
and soar with open hearts through the journey of life.  
Kim Brock, Towson Catholic High School, Towson, MD

**Focus Question:**

**What does the word FAITH mean to you?**

**HEART OF THE MATTER**

**Walking by Faith**

Fill in the attached Walking by Faith inventory. Do this individually so that your answers are your own.

## TELL IT LIKE IT IS (FAITH SHARING)

Share your responses to the Walking by Faith inventory:

\*\*\*\*Candidates are to write their answers below to hand in.

\*\*\*\*Item #1: Tell why each of you chose the person(s) you named.

Item #2: Each of these statements examines faith from a different angle. Share your answers honestly. No answer is the "total" answer, so an explanation of your answer to each other is important.

Item #3: This is designed to examine the effect of having faith in separate areas of your lives. Share your ratings in each area. In which area does your faith in Christ make the most difference? Why? In which area does it make the least difference? Why?

Item #4: This inventory of faith helps you examine and reflect on your belief system. What are the basic beliefs of the Catholic faith? Review the Apostles' Creed if necessary. Affirm what each of you believes in strongly. Understand that it is permissible to have doubts. Even John the Baptist had doubts (Luke 7:18-23).

Item #5: Complete the sentences aloud. Summarize what the Bible says about faith in one sentence.

\*\*\*\*Item #6: Share why that word or phrase struck you. In your own words, describe what "walking by faith" means to you.

## Project Summary

Questions are a normal part of moving from a child's faith to an adult's faith. It is healthy to question your belief in God, independent of your parent's faith (the faith with which you have grown up).

\* In examining the Catholic faith for yourself, how does your faith and belief relate to your everyday life?

\* How does faith made a difference in your quality of life?

*Faith is an entirely free gift that God makes to man. We can lose this priceless gift, as St. Paul indicates to St. Timothy: "Wage the good warfare, holding faith and a good conscience. By rejecting conscience, certain persons have made shipwreck of their faith." To live, grow and persevere in the faith until the end, we must nourish it with the word of God; we must beg the Lord to increase our faith; it must be "working through charity," abounding in hope and rooted in the faith of the church.*

*Catechism of the Catholic Church (162)*

## **WHAT CAN WE DO?**

**You are called to ACTION!** Choose one of the suggestions below or think of another on your own that relates to this topic. Note: You will discuss results of your action with your sponsor when you meet for your next project.

Suggestions:

- \* Interview your parents or another adult about their belief in God, life after death, the Bible, miracles, prayer, etc. Ask them where each of their beliefs come from.
- \* Write down questions you may have about the Catholic faith. Bring them back to your next session for further discussion.
- \* Other

## **GO WITH GOD**

**Closing Prayer:**

**God, I put my faith into your hands.  
You are my sole support in these unsure times.**

**Where can I turn when it seems no one has the answers to my questions?  
God, I turn to you.**

**I am full of youth, yet I am not immortal.  
Who can I call on when the friends I need the most are too busy?  
God, I call on you.**

**God, I put my faith into your hands.  
You are always there, never too busy.  
You have always been my best friend.  
Out of everyone who loves me, you love me the most.  
And you are just a prayer away.  
God, this is my prayer.**

Ashley Riley, Academy of the Sacred Heart, Bloomfield Hills, MI

## **LOOKING BACK**

Complete these sentences:

One thing I learned about my sponsor/candidate during this session is...

One thing I discovered about myself during this session is...

After this session, one thing I like about the Catholic Church is....

The sponsor keeps his/her copy of this project. The candidate turns in his/her copy of this project to their Religion teacher.

## WALKING BY FAITH

1. Name one or two people you think have a very strong faith in God.

2. What do you think? (Circle one answer for each statement)

A-agree      NS- not sure      D-disagree

a. If a person has faith, he/she will not have doubts about God..

A                  NS                  D

b. For most people, faith is a "crutch"..

A                  NS                  D

c. Today a person cannot live life by faith as easily as people did during Biblical times...

A                  NS                  D

d. Faith will help me pass my math test...

A                  NS                  D

e. God does not expect us to have faith all the time...

A                  NS                  D

f. If I could see a miracle, I would have more faith...

A                  NS                  D

g. Faith will heal you when you are sick...

A                  NS                  D

h. If things are not going well in your life, you do not have enough faith...

A                  NS                  D

3. Rate yourself 1-10 (10 being most) on how much your faith in Christ makes a difference in each of the areas of your life listed below:

	Friends	Family	Thoughts	Dating	Work	School	Free Time
10							
9							
8							
7							
6							
5							
4							
3							
2							
1							

4. Below are a few Christian "statements of faith". Which ones do you believe completely? Which ones do you have doubts about? Which ones do you disbelieve?

	BELIEVE	DOUBT	DISBELIEVE
I believe in God.			
I believe Christ rose from the dead.			
I believe the Bible is true.			
I believe I will go to Heaven when I die.			
I believe God answers prayers.			

5. Read each of the Bible verses below and then complete the sentences using what you learned from the Bible passage:

**Romans 10:17**

Faith comes from \_\_\_\_\_.

**Hebrews 12:2**

Jesus is \_\_\_\_\_.

**Hebrews 11:1**

Faith is \_\_\_\_\_.

**James 2:18-19**

Faith is shown by \_\_\_\_\_.

6. Below are lyrics to a song, "Walking by Faith", by David Haas (a renowned composer of Catholic music for worship). Circle a word or phrase of this song that strikes you at this moment.

Refrain:

We are walking by faith,  
 we are walking by faith,  
 we are walking by faith to the kingdom!  
 In prayer we will listen,  
 in your wisdom we will grow;  
 we will walk by faith  
 till we come to the promised land!

Jesus the Lord,  
 we will share in your love;  
 Walking by faith, we will praise you.  
 Healing and forgiving,  
 we will join in your song,  
 and sing and praise you on the way.

Verses:

You are our God,  
 and we are your people;  
 called by creation and the Spirit.  
 We hear your Word,  
 and we will live in you,  
 and sing and praise you on the way!

Risen from death,  
 we are made new in you;  
 Walking with you, we tell your story.  
 Filled with your Spirit,  
 we will one day see your face,  
 and sing and praise you on the way!